Food Code Selector: Quick Start Guide

1. Select the “Launch Module” worksheet and click the “USDA Food Code Selector” button
2. Select the appropriate tab for selecting foods
3. Add selected foods
4. Export results
The FNDDS and WWEIA tabs allow users to extract NHANES foods by food categories (FNDDS categories are listed on the “GettingStarted” worksheet of the Excel file).

The TextSearch tab allows users to search foods by keywords (exact or approximate spelling).
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Step 3: Add selected foods

After clicking the “Add Selected” button, you can:

- Select more foods to add to the ones you just selected (just click “Add Selected” for each group of foods you add) OR
- Select the “Review” tab to complete your selection and export your results

Click the “Add Selected” button

*Hold the “Ctrl” key on your keyboard to make multiple selections

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Step 4: Export your results (the “Review” tab)

Optional: Choose FCID codes to limit serving data to specific commodity/-ies

Click the “Generate USDA food codes report” button to export data to purple tabs in Excel file