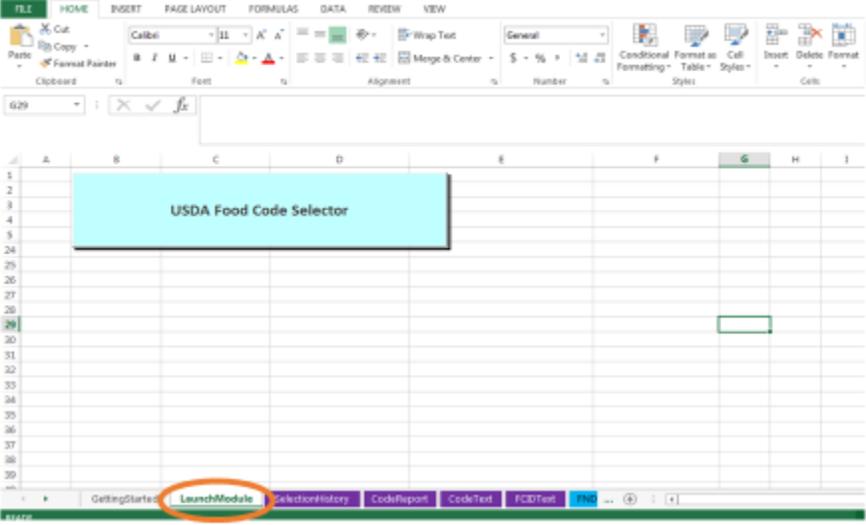


## Food Code Selector: Quick Start Guide

1. Select the "Launch Module" worksheet and click the "USDA Food Code Selector" button
2. Select the appropriate tab for selecting foods
3. Add selected foods
4. Export results

Food code selector: Quick start guide

Step 1: Select the "Launch Module" Excel worksheet then click the "USDA Food Code Selector" button

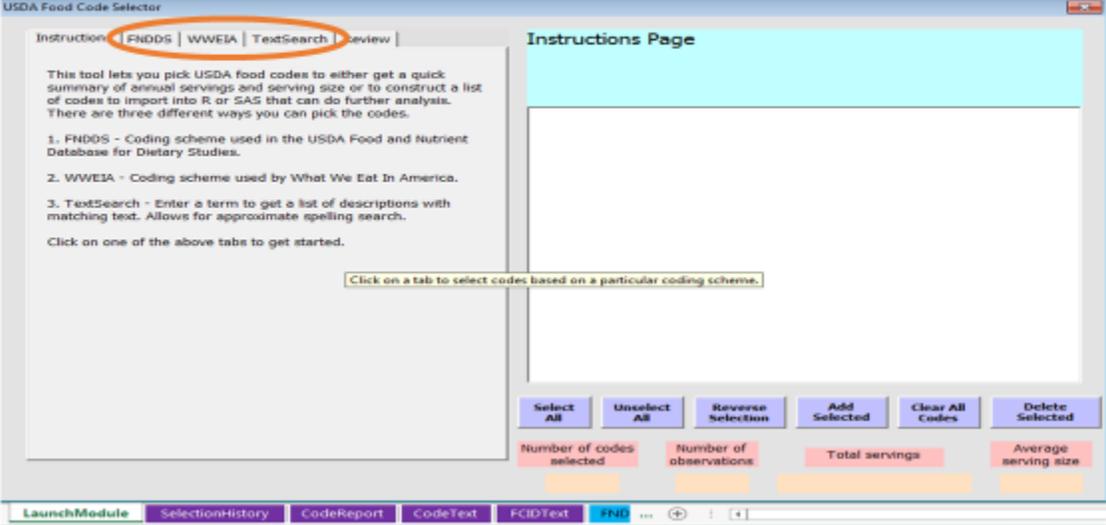


The screenshot shows an Excel spreadsheet with the following details:

- Worksheet: LaunchModule
- Cell B29: USDA Food Code Selector (highlighted in a light blue box)
- Worksheet tabs: GettingStarted, LaunchModule (selected), SelectionHistory, CodeReport, CodeText, FCDText, FND

Food code selector: Quick start guide

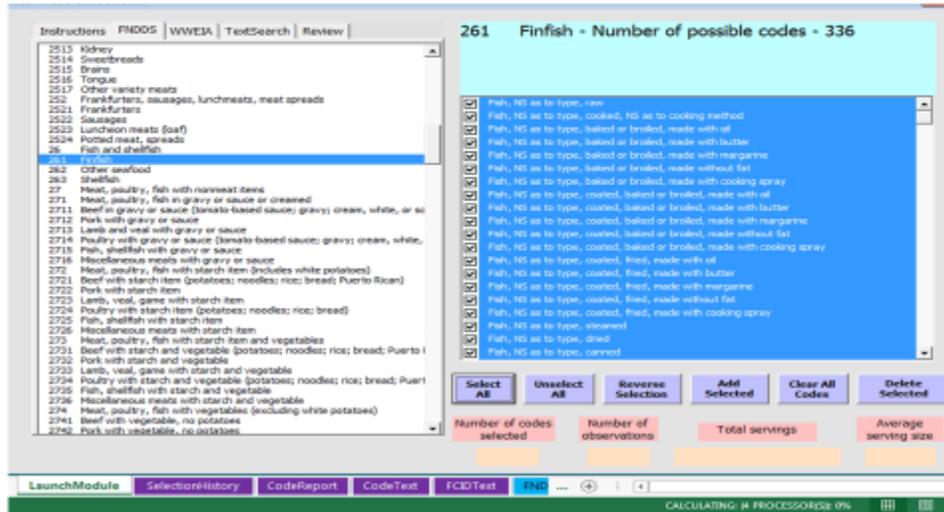
Step 2: Select the appropriate tab for selecting foods ("FNDSS", "WWEIA", OR "Text Search")



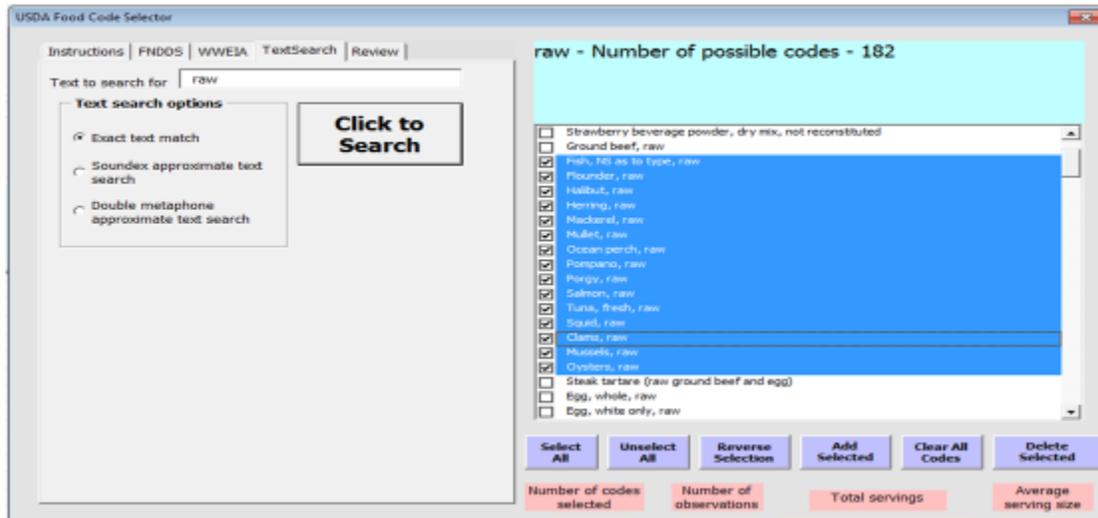
The screenshot shows the USDA Food Code Selector application interface with the following details:

- Tab: FNDSS (selected and highlighted with a red circle)
- Instructions Page: This tool lets you pick USDA food codes to either get a quick summary of annual servings and serving size or to construct a list of codes to import into R or SAS that can do further analysis. There are three different ways you can pick the codes.
  1. FNDSS - Coding scheme used in the USDA Food and Nutrient Database for Dietary Studies.
  2. WWEIA - Coding scheme used by What We Eat In America.
  3. TextSearch - Enter a term to get a list of descriptions with matching text. Allows for approximate spelling search.Click on one of the above tabs to get started.
- Buttons: Select All, Unselect All, Reverse Selection, Add Selected, Clear All Codes, Delete Selected
- Summary: Number of codes selected, Number of observations, Total servings, Average serving size
- Worksheet tabs: LaunchModule, SelectionHistory, CodeReport, CodeText, FCDText, FND (selected)

The FNDDS and WWEIA tabs allow users to extract NHANES foods by food categories (FNDDS categories are listed on the "GettingStarted" worksheet of the Excel file)

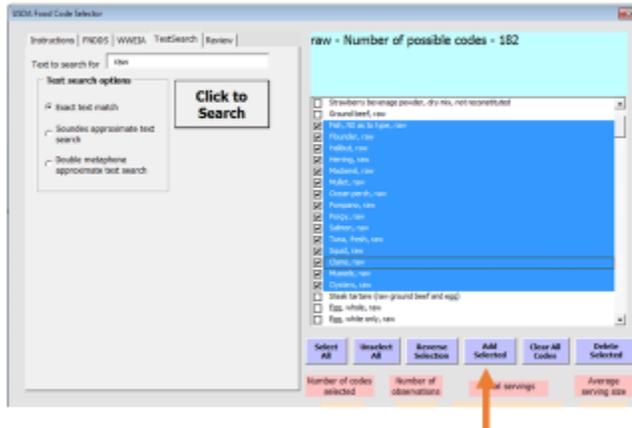


The TextSearch tab allows users to search foods by keywords(exact or approximate spelling)



## Food code selector: Quick start guide

### Step 3: Add selected foods



After clicking the “Add Selected” button, you can:

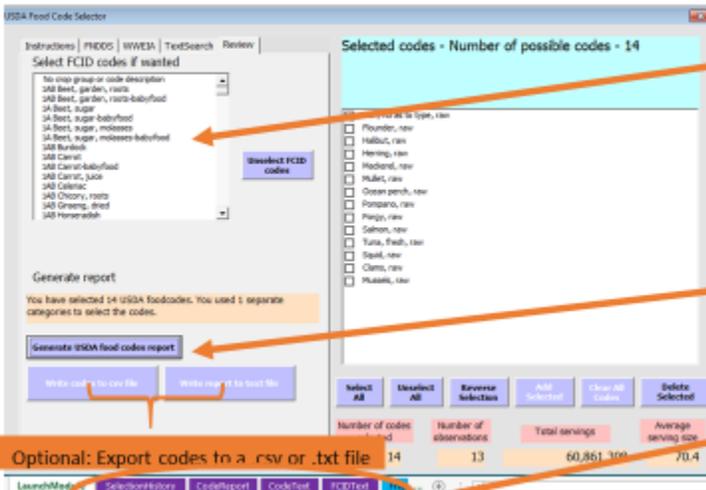
- Select more foods to add to the ones you just selected (just click “Add Selected” for each group of foods you add) OR
- Select the “Review” tab to complete your selection and export your results

Click the “Add Selected” button

\*Hold the “Ctrl” key on your keyboard to make multiple selections

## Food code selector: Quick start guide

### Step 4: Export your results (the “Review” tab)



Optional: Choose FCID codes to limit serving data to specific commodity/-ies

Click the “Generate USDA food codes report” button to export data to purple tabs in Excel file

Optional: Export codes to a .csv or .txt file